

## COVID VACCINE MYTHS AND RUMOURS

### MYTH/RUMOUR

The COVID Vaccine was developed so fast it must be untested and unsafe. **FALSE**

### TRUTH

Research on the Vaccine started in January 2020

The technology behind the COVID Vaccines have been used and researched for decades.

The reasons for the speed include:

- Huge financial input
- Major International collaboration
- Innovative technology

### MYTH/RUMOUR

People have died as a result of the COVID Vaccine. **TRUTH**

There have been reported cases of blood clots with the AstraZeneca and Johnson and Johnson Vaccines.

The chances of this happening are 1 in a million - 0,0001%

The incidence of blood clots if you have COVID is 165 100 in a million - 16,5%

Like any medication you take there are a tiny percentage of people who may have had a bad allergic reaction.

### MYTH/RUMOUR

The COVID Vaccine causes infertility. **FALSE**

### TRUTH

There is no evidence of this at all.

### MYTH/RUMOUR

The COVID Vaccine will give me COVID. **FALSE**

### TRUTH

The COVID Vaccine does not contain any live virus and cannot give you COVID.

## MYTH/RUMOUR

I am young and healthy and I don't need a Vaccine. **FALSE**

## TRUTH

Every person reacts differently to the COVID Virus Infection.  
There have been many young people who have died of COVID.  
If you are not Vaccinated and get infected, you may pass the infection to other people who will get ill and die.

## MYTH/RUMOUR

I don't need the COVID Vaccine if I have already had COVID. **FALSE**

## TRUTH

If you have had COVID, you may have protection for 3-6 months.  
Although it is rare for people to have had COVID again after being infected.  
The Vaccine will boost your immunity to make it stronger and last longer.

## MYTH/RUMOUR

The side effects of the Vaccine will be worse if you have had COVID. **FALSE**

## TRUTH

Safety trials show the most common side effects are:

- Redness at injection site, tiredness, headaches, muscles and joint pain, chills and fever.

Side effects may last a few days.

There is no difference between those who have had COVID and those who have not.

## MYTH/RUMOUR

I don't need to wear a mask, sanitize or socially distance once I am Vaccinated. **FALSE**

## TRUTH

Until we have Vaccinated 2 Thirds of the population and COVID is not spreading in our communities, we must continue to take all precautions.

### MYTH/RUMOUR

Having the COVID Vaccine will change my DNA. **FALSE**

### TRUTH

COVID Vaccines have a piece of genetic code called mRNA.  
It does not affect our DNA in any way.  
It is quickly broken down in our bodies and eliminated.

### MYTH/RUMOUR

Having a COVID Vaccine will make me get sick more from other illnesses. **FALSE**

### TRUTH

The COVID Vaccine had no effect on your ability to fight any other illnesses.

### MYTH/RUMOUR

We don't know what is in the COVID Vaccine. It may have microchips or other things that can control people. **FALSE**

### TRUTH

The Vaccine has an included list of ingredients.  
Every country, including South Africa, has studied and passed the Vaccine separately.  
There is no country in the world that has found any such problem.  
There is no truth in social media posts of this nature.

### MYTH/RUMOUR

The COVID Vaccine contains cells from aborted fetuses. **FALSE**

### TRUTH

No Vaccine contains cells from Foetal Tissue.  
Foetal Cell Lines are not the same as Foetal Tissue.  
These cells are used in Vaccines manufactured from cells that originated in the 1960's and 1970's.  
These cells have been grown in laboratories from 50-60 years.  
They were used for research and are not in the vaccine.

### MYTH/RUMOUR

Government is involved with big businesses to push the COVID Vaccine. **FALSE**

### TRUTH

Government has paid millions for these Vaccines and is committed to saving lives.  
There is complete cooperation between the private and public health sectors to get people vaccinated.  
All players are working to get us back to normal as soon as possible.

### MYTH/RUMOUR

The CORONAVIRUS carries the mark of the Devil. **FALSE**

### TRUTH

The COVID Vaccine has no link to any religious organizations or beliefs.